

1990 LIST	2003 LIST	FOOD CATEGORY	FOOD #	FOOD DESCRIPTION	PESTICIDES	ACID HERBICIDES	LEAD, IODINE	MERCURY	ALL OTHER ELEMENTS	RADIONUCLIDES (WEAC)	DIOXIN (ARL)
U	U	D	1	Milk, whole, fluid	U	U	U	U	U	U	U
U	U	D	2	Milk, lowfat (2%), fluid	U	U	U	U	U	U	U
U	U	D	3	Milk, chocolate, lowfat, fluid	U	U	U	U	U	U	U
U	U	D	4	Milk, skim, fluid	U	U	U	U	U	U	U
U	U	D	6	Yogurt, plain, low-fat	U	U	X	U	U	U	U
U	U	D	7	Milk shake, chocolate, fast-food	U	U	U	U	U	U	U
U	U	D	8	Evaporated milk, canned	U	U	X	U	U	U	U
U	U	D	10	Cheese, American, processed	U	U	U	U	U	U	U
U	U	D	11	Cottage cheese, creamed, 4% milk fat	U	U	X	U	U	U	U
U	U	D	12	Cheese, cheddar, natural (sharp/mild)	U	U	U	U	U	U	U
U	U	MPF	13	Beef, ground, regular, pan-cooked	U	U	U	U	U	U	U
U	U	MPF	14	Beef roast, chuck, oven-roasted	U	U	U	U	U	U	U
U	U	MPF	16	Beef (loin/sirloin) steak, pan-cooked with added fat	U	U	X	U	U	U	U
U	U	MPF	17	Ham, cured (not canned), baked	U	U	U	U	U	U	U
U	U	MPF	18	Pork chop, pan-cooked with oil	U	U	U	U	U	U	U
U	U	MPF	19	Pork sausage, (link/patty) oven-cooked (formerly pan-cooked)	U	U	U	U	U	U	U
U	U	MPF	20	Pork bacon, oven-cooked (formerly pan-cooked)	U	U	U	U	U	U	U
U	U	MPF	21	Pork roast, loin, oven-roasted	U	U	U	U	U	U	U
U	U	MPF	22	Lamb chop, pan-cooked with oil	U	U	U	U	U	U	U
U	U	MPF	24	Chicken, drumsticks and breasts, breaded and fried, homemade	U	U	X	U	U	U	U
U	U	MPF	26	Turkey breast, oven-roasted	U	U	U	U	U	U	U
U	U	MPF	27	Liver (beef/calf), pan-cooked with oil	U	U	U	U	U	U	U
U	U	MPF	28	Frankfurter (beef/pork), boiled	U	U	U	U	U	U	U
U	U	MPF	29	Bologna (beef/pork)	U	U	U	U	U	U	U
U	U	MPF	30	Salami, luncheon-meat type (not hard)	U	U	U	U	U	U	U
U	U	MPF	32	Tuna, canned in oil, drained	U	U	X	U	U	U	U
U	U	MPF	34	Fish sticks or patty, frozen, oven-cooked	U	U	U	U	U	U	U
U	U	E	35	Eggs, scrambled with oil	U	U	U	U	U	U	U
U	U	E	36	Eggs, fried with added fat	U	U	X	U	U	U	U
U	U	E	37	Eggs, boiled	U	U	U	U	U	U	U
U	U	L	38	Pinto beans, dry, boiled	U	U	U	U	U	U	U
U	U	L	39	Pork and beans, canned	U	U	U	U	U	U	U
U	U	V	42	Lima beans, immature, frozen, boiled	U	U	U	U	U	U	U
U	U	V	46	Peas, green, fresh/frozen, boiled	U	U	U	U	U	U	U
U	U	L	47	Peanut butter, smooth/creamy	U	U	U	U	U	U	U
U	U	L	48	Peanuts, dry roasted, salted	U	U	U	U	U	U	U
U	U	G	50	Rice, white, enriched, cooked	U	U	U	U	U	U	U
U	U	G	51	Oatmeal, plain, cooked	U	U	U	U	U	U	U
U	U	G	52	Cream of wheat (farina), enriched, cooked	U	U	U	U	U	U	U
U	U	G	53	Corn/hominy grits, enriched, cooked	U	U	U	U	U	U	U
U	U	V	54	Corn, fresh/frozen, boiled	U	U	U	U	U	U	U
U	U	V	55	Corn, canned	U	U	U	U	U	U	U
U	U	V	56	Corn, cream style, canned	U	U	X	U	U	U	U
U	U	G	57	Popcorn, popped in oil	U	U	X	U	U	U	U
U	U	G	58	Bread, white, enriched	U	U	U	U	U	U	U
U	U	G	59	Rolls, white, soft, enriched	U	U	X	U	U	U	U
U	U	G	60	Cornbread, homemade	U	U	U	U	U	U	U
U	U	G	61	Biscuits, refrigerated-type, baked	U	U	U	U	U	U	U
U	U	G	62	Bread, whole wheat	U	U	U	U	U	U	U
U	U	G	63	Tortilla, flour	U	U	U	U	U	U	U
U	U	G	64	Bread, rye	U	U	U	U	U	U	U
U	U	G	65	Muffin, blueberry (formerly fruit or plain)	U	U	U	U	U	U	U
U	U	G	66	Crackers, saltine	U	U	U	U	U	U	U
U	U	G	67	Corn/tortilla chips	U	U	U	U	U	U	U
U	U	G	68	Pancakes made from mix with addition of egg, milk, and oil	U	U	X	U	U	U	U
U	U	G	69	Noodles, egg, enriched, boiled	U	U	U	U	U	U	U
U	U	G	70	Macaroni, enriched, cooked	U	U	X	U	U	U	U
U	U	G	71	Corn flakes cereal	U	U	U	U	U	U	U
U	U	G	72	Fruit-flavored cereal, presweetened	U	U	U	U	U	U	U
U	U	G	73	Shredded wheat cereal	U	U	U	U	U	U	U
U	U	G	74	Raisin bran cereal	U	U	U	U	U	U	U
U	U	G	75	Crisped rice cereal	U	U	U	U	U	U	U
U	U	G	76	Granola with raisins	U	U	U	U	U	U	U

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U	U	G	77	Oat ring cereal	U	U	U		U	U	U
U	U	F	78	Apple (red), raw (with peel)	U	U	U		U	U	U
U	U	F	79	Orange (navel/Valencia), raw	U	U	U		U	U	U
U	U	F	80	Banana, raw	U		U		U	U	U
U	U	F	81	Watermelon, raw/frozen	U		U		U	U	U
U	U	F	83	Peach, raw/frozen	U	U	U		U	U	U
U	U	F	84	Applesauce, bottled	U		U		U	U	U
U	U	F	85	Pear, raw (with peel)	U	U	U		U	U	U
U	U	F	86	Strawberries, raw/frozen	U	U	U		U	U	U
U	U	F	87	Fruit cocktail, canned in light syrup	U		U		U	U	U
U	U	F	88	Grapes (red/green), raw	U	U	U		U	U	U
U	U	F	89	Cantaloupe, raw/frozen	U		U		U	U	U
U		F	91	Plums, purple, raw	U		x		U	U	
U	U	F	92	Grapefruit, raw	U	U	U		U	U	
U	U	F	93	Pineapple, canned in juice	U		U		U	U	U
U		F	94	Cherries, sweet, raw	U		x		U	U	U
U	U	F	95	Raisins	U		U	U	U	U	
U		F	96	Prunes, dried, uncooked	U		x	U	U	U	U
U	U	F	97	Avocado, raw	U	U	U	U	U	U	
U	U	F	98	Orange juice, frozen concentrate, reconstituted	U		U	U	U	U	U
U	U	F	99	Apple juice, bottled	U		U	U	U	U	U
U	U	F	100	Grapefruit juice, bottled (formerly frozen concentrate, reconstituted)	U		U		U	U	
U	U	F	103	Prune juice, bottled	U		U	U	U	U	U
U	U	B	105	Lemonade, frozen concentrate, reconstituted	U		U		U	U	U
U	U	V	107	Spinach, fresh/frozen, boiled	U	U	U	U	U	U	U
U	U	V	108	Collards, fresh/frozen, boiled	U	U	U	U	U	U	U
U	U	V	109	Lettuce, iceberg, raw	U	U	U		U	U	U
U		V	110	Cabbage, fresh, boiled	U	U	U		U	U	U
U		V	111	Coleslaw with dressing, homemade	U		x		U	U	U
U		V	112	Sauerkraut, canned	U		x		U	U	U
U	U	V	113	Broccoli, fresh/frozen, boiled	U	U	U		U	U	U
U	U	V	114	Celery, raw	U	U	U		U	U	
U	U	V	115	Asparagus, fresh/frozen, boiled	U	U	U		U	U	U
U	U	V	116	Cauliflower, fresh/frozen, boiled	U	U	U	U	U	U	U
U	U	V	117	Tomato, raw	U	U	U	U	U	U	
U	U	V	119	Tomato sauce, plain, bottled	U		U		U	U	U
U	U	V	121	Green beans, fresh/frozen, boiled	U	U	U		U	U	U
	U	V	122	Green beans, canned	U		U		U	U	U
U	U	V	123	Cucumber, peeled, raw	U	U	U		U	U	U
U	U	V	124	Summer squash, fresh/frozen, boiled	U		U		U	U	U
U	U	V	125	Pepper, sweet, green, raw	U		U		U	U	U
U	U	V	126	Squash, winter (Hubbard or acorn), fresh/frozen, boiled	U		U		U	U	U
U	U	V	128	Onion, mature, raw	U	U	U		U	U	U
U	U	V	131	Beets, canned	U	U	U		U	U	U
U		V	132	Radish, raw	U		x		U	U	U
U		V	134	French fries, frozen, commercial, heated	U		x		U	U	U
U		V	135	Mashed potatoes with margarine and milk, prepared from instant	U		x		U	U	U
U	U	V	136	Potato, boiled (without peel)	U		U		U	U	U
U	U	V	137	Potato, baked (with peel)	U		U		U	U	U
U	U	V	138	Potato chips	U		U		U	U	U
U		V	139	Scalloped potatoes, homemade	U		x		U	U	U
U		V	140	Sweet potato, fresh, baked in skin	U		x		U	U	U
U	U	M	142	Spaghetti with meat sauce, homemade	U		U		U	U	U
U		M	143	Beef and vegetable stew, homemade	U		x		U	U	U
	U	M	145	Chili con carne with beans, canned	U		U		U	U	U
U	U	M	146	Macaroni and cheese, prepared from box mix	U		U		U	U	U
U	U	M	147	Quarter-pound hamburger on bun, fast-food	U		U		U	U	U
U	U	M	148	Meatloaf, beef, homemade	U		U		U	U	U
U		M	149	Spaghetti in tomato sauce, canned	U		x		U	U	U
U		M	151	Lasagna with meat, homemade	U		x		U	U	U
U	U	M	152	Chicken potpie, frozen, heated	U		U		U	U	U
U	U	M	155	Soup, chicken noodle, canned, condensed, prepared with water	U		U		U	U	U
U	U	M	156	Soup, tomato, canned, condensed, prepared with water	U		U		U	U	

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U	U	M	157	Soup, vegetable beef, canned, condensed, prepared with water	U		U		U	U	U
U		O	160	White sauce homemade	U		x		U	U	U
U	U	V	161	Dill cucumber pickles	U		U		U	U	U
U	U	O	162	Margarine, regular (not lowfat), salted	U		U		U	U	U
U	U	D	164	Butter, regular (not lowfat), salted	U		U		U	U	U
U	U	O	166	Mayonnaise, regular, bottled	U		U		U	U	U
U	U	D	167	Cream, half & half	U		U		U	U	U
U	U	D	168	Cream substitute, non-dairy, liquid/frozen	U		U		U	U	U
U	U	S	169	Sugar, white, granulated	U		U		U	U	U
U	U	S	170	Syrup, pancake	U		U		U	U	U
U	U	S	172	Honey	U		U		U	U	U
U	U	V	173	Tomato catsup	U		U		U	U	U
U		D	175	Chocolate pudding, from instant mix	U		x		U	U	U
U	U	D	177	Ice cream, light, vanilla	U		U	U	U	U	U
U	U	G	178	Cake, chocolate with icing	U		U		U	U	U
U		G	179	Yellow cake with white icing, prepared from cake and icing mixes	U		x		U	U	U
U	U	G	182	Sweet roll/Danish pastry	U		U		U	U	U
U	U	G	183	Chocolate chip cookies	U		U		U	U	U
U	U	G	184	Sandwich cookies with crème filling	U		U		U	U	U
U	U	G	185	Pie, apple, fresh/frozen	U		U		U	U	U
U	U	G	186	Pie, pumpkin, fresh/frozen	U		U		U	U	U
U	U	S	187	Candy bar, milk chocolate, plain	U		U		U	U	U
U		S	188	Candy, caramels	U				U	U	U
U	U	S	190	Gelatin dessert, any flavor	U		U		U	U	U
U	U	B	191	Carbonated beverage, cola, regular	U		U		U	U	U
U	U	B	193	Fruit drink, from powder	U		U	U	U	U	U
U	U	B	194	Carbonated beverage, cola, low-calorie	U		U		U	U	U
U		B	196	Coffee, decaffeinated, from instant	U		x		U	U	U
U	U	B	197	Tea, from tea bag	U		U		U	U	U
U	U	B	198	Beer	U		U		U	U	U
U	U	B	199	Wine, dry table, red/white	U		U		U	U	U
U		B	200	Whiskey	U		x		U	U	U
U		B	201	Tap water	U		x		U	U	U
U	U	BF	202	BF, Infant formula, milk-based, iron fortified, RTF (formerly high iron)	U	U	U	U	U	U	U
U	U	BF	203	BF, Infant formula, milk-based, low iron, RTF	U		U	U	U	U	U
U	U	BF	205	BF, beef and broth/gravy	U		U		U	U	U
U	U	BF	207	BF, chicken and broth/gravy	U		U	U	U	U	U
U		BF	208	BF, high meat, chicken and vegetables	U		x		U	U	U
U		BF	209	BF, high meat, beef and vegetables	U		x		U	U	U
U		BF	210	BF, high meat, ham and vegetables	U		x		U	U	U
U	U	BF	211	BF, vegetables and beef	U		U	U	U	U	U
U	U	BF	212	BF, vegetables and chicken	U		U		U	U	U
U	U	BF	213	BF, vegetables and ham	U		U	U	U	U	U
U	U	BF	214	BF, chicken noodle dinner	U		U		U	U	U
U	U	BF	215	BF, macaroni, tomato and beef	U		U		U	U	U
U	U	BF	216	BF, turkey and rice	U	U	U		U	U	U
U	U	BF	218	BF, carrots	U		U		U	U	U
U	U	BF	219	BF, green beans	U		U		U	U	U
U	U	BF	220	BF, mixed vegetables	U		U	U	U	U	U
U	U	BF	221	BF, sweet potatoes	U		U		U	U	U
U		BF	222	BF, creamed corn	U		x		U	U	U
U	U	BF	223	BF, peas	U	U	U		U	U	U
U		BF	224	BF, creamed spinach	U		x	U	U	U	U
U	U	BF	225	BF, applesauce	U		U		U	U	U
U	U	BF	226	BF, peaches	U	U	U		U	U	U
U	U	BF	227	BF, pears	U	U	U	U	U	U	U
U	U	BF	230	BF, juice, apple	U		U	U	U	U	U
U	U	BF	231	BF, juice, orange	U		U		U	U	U
U	U	BF	232	BF, custard/pudding	U		U		U	U	U
U	U	BF	233	BF, fruit dessert/pudding	U		U		U	U	U
U	U	D	235	Yogurt, lowfat, fruit-flavored	U		U	U	U	U	U
U	U	D	236	Cheese, Swiss, natural	U		U		U	U	U
U	U	D	237	Cream cheese	U		U		U	U	U

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U	U	MPF	238	Veal cutlet, pan-cooked	U		x		U	U	U
U	U	MPF	239	Luncheon meat, ham	U		U	U	U	U	U
U	U	MPF	240	Chicken breast, oven-roasted (skin removed)	U		U	U	U	U	U
U	U	MPF	241	Chicken nuggets, fast-food	U		U	U	U	U	U
U		MPF	242	Chicken, fried (breast, leg, and thigh), fast-food	U		x	U	U	U	U
U		MPF	243	Haddock	U		x	U	U	U	U
U	U	MPF	244	Shrimp, boiled	U		U	U	U	U	U
U		L	245	Kidney beans, dry, boiled	U		x		U	U	
U		L	246	Peas, mature, dry, boiled	U		x		U	U	
U		L	247	Mixed nuts, no peanuts, dry roasted	U		x		U	U	U
U	U	G	248	Bread, multigrain (formerly cracked wheat)	U	U	U		U	U	U
U	U	G	249	Bagel, plain, toasted	U		U		U	U	
U	U	G	250	English muffin, plain, toasted	U		U		U	U	U
U	U	G	251	Crackers, graham	U		U		U	U	U
U	U	G	252	Crackers, butter-type	U		U		U	U	U
U		F	253	Apricot, raw	U		x		U	U	U
U	U	F	254	Peach, canned in light/medium syrup	U		U		U	U	
U	U	F	255	Pear, canned in light syrup	U		U		U	U	
U	U	F	256	Pineapple juice, frozen concentrate, reconstituted	U		U		U	U	U
U	U	F	257	Grape juice, frozen concentrate, reconstituted	U		U		U	U	U
U	U	V	258	French fries, fast-food	U		U		U	U	U
U	U	V	259	Carrot, fresh, peeled, boiled	U		U		U	U	U
U		V	260	Tomato, stewed, canned	U		x		U	U	
U	U	V	261	Tomato juice, bottled	U		U		U	U	U
U		V	262	Beets, fresh/frozen, boiled	U		x		U	U	U
U	U	V	263	Brussels sprouts, fresh/frozen, boiled	U		U		U	U	U
U	U	V	264	Mushrooms, raw	U		U	U	U	U	U
U	U	V	265	Eggplant, fresh, peeled, boiled	U		U		U	U	U
U	U	V	266	Turnip, fresh/frozen, boiled	U		U		U	U	U
U	U	V	267	Okra, fresh/frozen, boiled	U	U	U		U	U	
U	U	V	268	Mixed vegetables, frozen, boiled	U		U		U	U	U
U	U	M	269	Beef stroganoff with noodles, homemade	U		U		U	U	U
U		M	270	Green peppers stuffed with beef and rice, homemade	U		x		U	U	
U		M	271	Chili con carne with beans, homemade	U		x		U	U	U
U	U	M	272	Tuna noodle casserole, homemade	U		U	U	U	U	U
U		M	273	Frozen meal-salisbury steak with gravy, potatoes, and vegetables, heated	U		x		U	U	U
U		M	274	Frozen meal-turkey with gravy, dressing, potatoes, and vegetable, heated	U		x		U	U	U
U	U	M	275	Quarter-pound cheeseburger on bun, fast-food	U		U		U	U	U
U	U	M	276	Fish sandwich on bun, fast-food	U		U	U	U	U	U
U		M	277	Frankfurter on bun, fast-food	U		x		U	U	U
U	U	M	278	Egg, cheese, and ham on English muffin, fast-food	U		U		U	U	U
U	U	M	279	Taco/tostada with beef and cheese, from Mexican carry-out	U		U		U	U	U
U		M	280	Cheese pizza, regular crust, from pizza carry-out	U		x		U	U	U
U	U	M	281	Pizza, cheese and pepperoni, regular crust, from pizza carry-out	U		U		U	U	U
U		M	282	Beef chow mein, from Chinese carry-out	U		x	U	U	U	U
U	U	M	283	Soup, bean with bacon/pork, canned, condensed, prepared with water	U		U		U	U	U
U		M	284	Mushroom soup, canned, condensed, prepared with whole milk	U		x	U	U	U	U
U	U	M	285	Clam chowder, New England, canned, condensed, prepared with whole milk	U	U	U	U	U	U	U
U	U	D	286	Ice cream, regular (not lowfat), vanilla	U		U		U	U	U
U	U	D	287	Sherbet, fruit-flavored	U		U		U	U	
U	U	B	288	Popsicle, fruit-flavored	U		U		U	U	
U		G	289	Chocolate snack cake with chocolate icing (e.g., Ding Dongs)	U		x		U	U	U
U	U	G	290	Doughnut, cake-type, any flavor, from donut store	U		U		U	U	U
U	U	G	291	Brownie	U		U		U	U	U
U	U	G	292	Sugar cookies	U		U		U	U	U
U	U	S	293	Candy, hard, any flavor	U		U		U	U	
U	U	G	294	Pretzels, hard, salted	U		U		U	U	
U	U	S	295	Syrup, chocolate	U		U	U	U	U	U
U	U	S	296	Jelly, any flavor	U		U	U	U	U	
U		V	297	Sweet cucumber pickles	U		x		U	U	U
U	U	V	298	Mustard, yellow, plain	U		U		U	U	U
U	U	V	299	Black olives	U		U		U	U	U
U	U	D	300	Sour cream	U		U		U	U	U

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U		M	301	Brown gravy, homemade	U		x		U	U	U
U		O	302	French salad dressing, regular	U		x		U	U	U
U		O	303	Italian salad dressing, low-calorie	U		x		U	U	U
U		O	304	Olive/safflower oil	U		x		U	U	U
U	U	B	305	Coffee, from ground	U		U		U	U	U
U	U	B	306	Carbonated beverage, fruit-flavored, regular	U		U	U	U	U	
U	U	B	307	Fruit drink (10% juice), canned or bottled	U		U		U	U	
U		B	308	Martini	U		x		U	U	
U	U	BF	309	BF, Infant formula, soy-based, RTF	U		U	U	U	U	U
U		BF	310	BF, egg yolk, strained	U		x	U	U	U	U
U		BF	311	BF, cereal, rice, instant, prepared with whole milk	U		x		U	U	U
U		BF	312	BF, cereal, rice, strained	U		x		U	U	
U	U	BF	313	BF, bananas	U		U	U	U	U	U
U		BF	314	BF, beets	U		x		U	U	
U		BF	316	BF, split peas with ham	U		x		U	U	
U	U	BF	317	BF, teething biscuits	U		U		U	U	U
U	U	MPF	318	Salmon, steaks/fillets, baked	U		U	U	U	U	U
U		BF	319	BF, cereal, rice with apples	U		x		U	U	U
U	U	BF	320	BF, squash	U		U		U	U	U
	U	BF	323	BF, cereal, oatmeal, dry, prepared with water	U	U	U		U	U	U
	U	BF	324	BF, cereal, rice, dry, prepared with water	U	U	U	U	U	U	U
	U	BF	325	BF, cereal, rice with apples, dry, prepared with water	U		U	U	U	U	U
	U	BF	326	BF, veal and broth/gravy	U		U		U	U	U
	U	BF	327	BF, lamb and broth/gravy	U		U		U	U	U
	U	BF	328	BF, turkey and broth/gravy	U		U		U	U	U
	U	D	331	Meal replacement, liquid RTD, any flavor	U		U		U	U	U
	U	D	332	Cottage cheese, creamed, lowfat (2% milk fat)	U		U		U	U	U
	U	D	333	Sour cream dip, any flavor	U		U		U	U	U
	U	MPF	334	Beef steak, loin/sirloin, broiled	U		U		U	U	U
	U	MPF	335	Luncheon meat (chicken/turkey)	U		U		U	U	U
	U	MPF	336	Chicken breast, fried, fast-food (with skin)	U		U	U	U	U	U
	U	MPF	337	Chicken thigh, oven-roasted (skin removed)	U		U	U	U	U	U
	U	MPF	338	Chicken leg, fried, fast-food (with skin)	U		U	U	U	U	U
	U	MPF	339	Catfish, pan-cooked with oil	U		U	U	U	U	U
	U	MPF	340	Tuna, canned in water, drained	U		U	U	U	U	U
	U	L	341	Refried beans, canned	U		U		U	U	U
	U	L	342	White beans, dry, boiled	U	U	U		U	U	U
	U	L	343	Sunflower seeds (shelled), roasted, salted	U	U	U		U	U	U
	U	G	344	Pancakes, frozen, heated	U		U		U	U	U
	U	G	345	Breakfast tart/toaster pastry	U		U		U	U	U
	U	G	346	Macaroni salad, from grocery/deli	U		U		U	U	U
	U	G	347	Spaghetti, enriched, boiled	U		U		U	U	U
	U	F	348	Apricots, canned in heavy/light syrup	U		U		U	U	U
	U	F	350	Fruit juice blend (100% juice), canned/bottled	U		U		U	U	U
	U	F	351	Cranberry juice cocktail, canned/bottled	U	U	U	U	U	U	U
	U	F	352	Orange juice, bottled/carton	U		U		U	U	U
	U	V	353	Potato salad, mayonnaise-type, from grocery/deli	U		U		U	U	U
	U	V	354	Potatoes, mashed, prepared from fresh	U		U		U	U	U
	U	V	355	Coleslaw, mayonnaise-type, from grocery/deli	U		U		U	U	U
	U	V	356	Carrot, baby, raw	U		U		U	U	U
	U	V	357	Lettuce, leaf, raw	U	U	U		U	U	U
	U	V	358	Sweet potatoes, canned	U		U		U	U	U
	U	V	359	Tomato salsa, bottled	U		U		U	U	U
	U	M	360	Stew, beef and vegetable, canned	U		U		U	U	U
	U	M	361	Lasagna with meat, frozen, heated	U		U		U	U	U
	U	M	362	Beef with vegetables in sauce, from Chinese carry-out	U		U	U	U	U	U
	U	M	363	Chicken with vegetables in sauce, from Chinese carry-out	U		U		U	U	U
	U	M	364	Fried rice, meatless, from Chinese carry-out	U	U	U	U	U	U	U
	U	M	365	Burrito with beef, beans and cheese, from Mexican carry-out	U		U		U	U	U
	U	M	366	Chicken filet (broiled) sandwich on bun, fast-food	U		U		U	U	U
	U	M	367	Soup, Oriental noodles (ramen noodles), prepared with water	U		U		U	U	U
	U	D	368	Pudding, ready-to-eat, flavor other than chocolate	U		U		U	U	U
	U	G	369	Cake, white with icing (formerly yellow cake)	U		U		U	U	U

1990 LIST	2003 LIST	FOOD CATEGORY	FOOD #	FOOD DESCRIPTION	PESTICIDES	ACID HERBICIDES	LEAD, IODINE	MERCURY	ALL OTHER ELEMENTS	RADIONUCLIDES (WEAC)	DIOXIN (ARL)
	Ü	G	370	Granola bar, with raisins	Ü		Ü		Ü	Ü	Ü
	Ü	S	371	Candy bar, chocolate, nougat, and nuts	Ü		Ü		Ü	Ü	Ü
	Ü	G	372	Popcorn, microwave, butter-flavored	Ü	Ü	Ü		Ü	Ü	Ü
	Ü	S	373	Sweet & sour sauce	Ü		Ü		Ü	Ü	Ü
	Ü	M	374	Brown gravy, canned or bottled	Ü		Ü		Ü	Ü	Ü
	Ü	O	375	Salad dressing, creamy/buttermilk type, regular	Ü		Ü		Ü	Ü	Ü
	Ü	O	376	Salad dressing, creamy/buttermilk type, low-calorie	Ü		Ü		Ü	Ü	Ü
	Ü	O	377	Salad dressing, Italian, regular	Ü		Ü		Ü	Ü	Ü
	Ü	O	378	Olive oil	Ü		Ü		Ü	Ü	Ü
	Ü	O	379	Vegetable oil	Ü		Ü		Ü	Ü	Ü
	Ü	B	380	Bottled drinking water (mineral/spring), not carbonated or flavored	Ü	Ü	Ü	a	a	Ü	
	Ü	B	381	Coffee, decaffeinated, from ground	Ü		Ü		Ü	Ü	Ü
	Ü	B	382	Tea, decaffeinated, from tea bag	Ü		Ü		Ü	Ü	Ü
Ü	Ü	BF	700	BF, cereal, barley, dry, prepared with water	Ü		Ü				Ü
Ü	Ü	BF	701	BF, cereal, mixed, dry, prepared with water	Ü		Ü		Ü		Ü
Ü	Ü	BF	703	BF, juice, apple-banana	Ü		Ü				
Ü	Ü	BF	704	BF, juice, apple-cherry	Ü		Ü				
Ü	Ü	BF	705	BF, juice, apple-grape	Ü		Ü				
Ü		BF	706	BF, juice, apple-peach	Ü		x				
Ü		BF	708	BF, juice, apple-plum	Ü		x				
Ü		BF	709	BF, juice, apple-prune	Ü		x				
Ü	Ü	BF	710	BF, juice, mixed fruit	Ü		Ü				
Ü	Ü	BF	711	BF, juice, pear	Ü		Ü		Ü		
Ü	Ü	BF	712	BF, juice, grape	Ü		Ü		Ü		
Ü	Ü	BF	713	BF, pears and pineapple	Ü		Ü		Ü		
Ü	Ü	BF	714	BF, plums/prunes with apples or pears	Ü		Ü		Ü		
Ü	Ü	BF	715	BF, bananas and pineapple	Ü		Ü				
Ü	Ü	BF	716	BF, apples/applesauce with apricots	Ü		Ü				
Ü	Ü	BF	717	BF, apricots with mixed fruit	Ü		Ü		Ü		
Ü		BF	718*	BF, squash							
Ü	Ü	BF	719	BF, banana dessert	Ü		Ü				
Ü	Ü	BF	720	BF, peach cobbler/dessert	Ü		Ü		Ü		Ü
Ü	Ü	BF	721	BF, fruit yogurt dessert	Ü		Ü		Ü		Ü
Ü	Ü	BF	722	BF, Dutch apple/apple cobbler	Ü		Ü				Ü
Ü	Ü	BF	723	BF, arrowroot cookies	Ü		Ü		Ü		Ü
Ü	Ü	BF	724	BF, zweiback toast	Ü		Ü				Ü
	Ü	BF	725	BF, cereal, oatmeal with fruit, prepared with water	Ü		Ü				Ü
	Ü	BF	726	BF, chicken with rice	Ü	Ü	Ü		Ü		Ü
	Ü	BF	727	BF, beef and noodles/beef stroganoff	Ü		Ü				Ü
	Ü	BF	728	BF, vegetables and turkey	Ü		Ü		Ü		Ü
	Ü	BF	729	BF, macaroni and cheese	Ü		Ü		Ü		Ü
	Ü	BF	730	BF, apples with berries	Ü	Ü	Ü		Ü		Ü
	Ü	BF	731	BF, apples with fruit other than berries	Ü		Ü		Ü		Ü

Ü = analysis for that analyte

x = analysis for lead only

a = elements listed in EAM 4.12 are for each individual city sample

*Became Food # 320 in 1998. See food # 320 for analysis information